Multiple Intelligences:
A FUN QUIZ TO SPOT YOUR STRONGEST INTELLIGENCE

Read the statements below and then quickly tick the ones that are true for you.

Document your score out of 10. One score for each true answer.

Linguistic/Verbal Intelligence

- Books are very important to me.
- I can hear words in my head before I read or speak or write them down.
- I get more out of listening to the radio or tapes than I do out of TV or film.
- I am good at word games like Scrabble, anagrams or Password.
- I enjoy entertaining others or myself with tongue twisters or puns.
- Others sometimes ask me to explain the words I use when writing or speaking.
- History and English are easier for me than Maths or Science.
- When out driving I notice the words on the ad boards more than the scenery.
- I often talk about the things I have read or heard.
- I’ve written something recently that I was proud of, or others praised me for.

Logical/Mathematical Intelligence

- I can easily add and subtract numbers in my head.
- Maths and Science are my favourite subjects in school.
- I enjoy playing games/solving puzzles that require logical thinking.
- I like to set up little “what if” experiments, e.g. what will happen if I double the amount of water I give my potted plant each week?
- I’m always looking for patterns, logical sequences or order in things.
- I’m interested in new developments in Science.
- I believe almost everything has a rational explanation.
- I sometimes think in clear, wordless and pictureless thoughts.
- I always notice when people are not being logical in what they say.
- I like it when things are measured, analysed and put into categories.

Spatial/Visual Intelligence

- I often see clear pictures/images when I close my eyes.
- I’m sensitive to colour.
- I like using a camera or camcorder to record what I see around me.
- I enjoy doing jigsaw puzzles, finding my way through mazes or visual puzzles.
- I have vivid dreams at night.
- I can usually find my way around places I don’t know well.
- I like to draw or doodle.
- Geometry is easier for me that Algebra.
- I can imagine how something would look if I were directly above it.
- I prefer books that have lots of pictures in them.

Kinaesthetic/Body Intelligence

- I use my hands a lot when talking.
- I do at least one sport in my own free time on a regular basis.
- I find it difficult to sit still for long periods of time.
- I like working with my hands at concrete activities.
- My best ideas come when I am out walking or active in some way.
- I often like to spend my free time outdoors.
- I need to touch things in order to learn about them.
- I enjoy daredevil amusement rides or other thrilling physical experiences.
- I am pretty well coordinated, i.e. not clumsy or awkward in my movements.
- I prefer to learn a new skill by doing it, rather than reading how to do it.
Musical Intelligence
- I have a pleasant singing voice.
- I can tell when someone sings off-key or out of tune.
- I spend a lot of time listening to music.
- I play a musical instrument.
- My life would be poorer if there was no music in it.
- I often find a TV jingle or tune running through my mind as I walk or work.
- I can keep time to a piece of music with a drum or a stick.
- I know the tunes to many different songs or pieces of music.
- If I hear a piece of music once or twice, I can sing it back.
- I often tap a tune or sing a tune while studying or working.

Interpersonal Intelligence
- People often come to me for advice.
- I prefer group sports (e.g. volleyball) to solo sports (swimming / jogging).
- If I have a problem, I’ll ask for help and not try to solve it by myself.
- I have at least three close friends.
- I like social games/activities rather than individual ones that I do alone.
- I enjoy the challenge of teaching others what I know.
- I consider myself a leader, or others have called me that.
- I feel comfortable in the middle of a crowd.
- I like to get involved in social activities connected with my work/church/community.
- I prefer being with a group at night to being on my own at home.

Intrapersonal Intelligence
- I like to spend time alone, thinking about things.
- I like sessions/classes that help me to learn more about myself.
- I have opinions that set me apart from the crowd.
- I have a special hobby/interest that I keep to myself.
- I have important goals in my life that I think about often.
- I have a good idea of my strong points and my weak points.
- I’d prefer to spend a weekend alone, rather than with crowds of people.
- I consider myself to be strong-willed and of independent mind.
- I keep a diary to record the events of my life.
- I would like to be self-employed.

Naturalist Intelligence
- I like to take walks in the country.
- I enjoy gardening.
- I like to get to know the names of plants and trees around me.
- Biology is one of my favourite subjects.
- I watch nature programmes on TV when I get the chance.
- I am conscious of environmental pollution and try to avoid contributing to it.
- When out for a walk I would stop to look at the rocks, trees or wild flowers around me.
- I recognise and can differentiate between types of car on the road.
- When cooking, I try to use fresh, natural ingredients as much as possible.
- I think all gardeners should keep a compost heap.