

Fifth and sixth class

Rakes of Mallow

A long dance in Reel Time, for any even number of trios, danced to the tune of the same name, or any other reel. The trios consist of a gentleman, with two ladies on his right

Formation: O O X
 X O O

Step: Promenade step

A. Advance and Retire. – 8 bars

The two trios in each set, holding hands, advance towards each other with Promenade Step (2 bars) and retire (2 bars). Repeat the movement again (4 bars).

B. Swing with the opposite lady. – 8 bars

The gents and ladies opposite then take hands, crossed, and swing eight “promenade step (1,2,3’s)” in place, centre ladies remaining stationary.

C. Swing with the lady on the right. – 8 bars

The gents and the ladies on their right take hands, crossed, and swing eight “promenade step (1,2,3’s)” in place, other ladies remaining stationary.

D. Link arms. – 8 bars

The gents link right arms in centre, and, with Promenade Step, dance round clockwise (4 bars), turn and link left arms, dancing anticlockwise, each finishing up between his two partners (4 bars)

E. Swing out. – 8 bars

Each gent and his two partners form a ring of three, and each ring (revolving clockwise) swings out and around to meet the trio in the next set who had been facing them and line up as at the beginning of the dance, to recommence, ladies having exchanged places